

# Yale Inflammatory Bowel Disease Conference

Friday, April 19, 2024 Water's Edge Resort & Spa, Westbrook CT



This inaugural one-day conference will provide world-class educational programming, professional development, and networking opportunities for physicians and advanced practice providers who care for patients with inflammatory bowel disease. This program is designed to focus on the latest, most upto-date care principles for IBD. The overall goal of this unique conference is to provide up-to-date, evidence-based education in the diagnosis and management of inflammatory bowel disease.

The Water's Edge Resort & Spa, located on the Connecticut shoreline, offers an idyllic location and is the perfect backdrop for this educational and networking experience. With ocean views on a private white sand beach, you will feel rejuvenated and refreshed after the conference. We hope you can join us this Spring!

## **RSVP & DETAILS:**

yale.cloud-cme.com/IBD2024

## **CONTACT:**

Farrah Nettleton | cme@yale.edu

## **PROGRAM OVERVIEW**

## Check-in & Breakfast:

7:00 AM-8:00 AM

#### Lectures

8:00 AM-4:45 PM

#### Lunch:

12:00 PM-1:00 PM

## **Social Hour:**

5:00 PM-6:00 PM

7.50 AMA PRA Category 1 Credits™







## **SYMPOSIUM DIRECTORS & SPEAKERS**

## **COURSE DIRECTORS**

#### Jill Gaidos MD

Associate Professor of Medicine (Digestive Diseases) Director of Clinical Research, Yale Inflammatory Bowel Disease Program Vice Chief of Clinical Research, Digestive Diseases Yale School of Medicine

#### Ira Leeds MD

Assistant Professor of Surgery (Colon and Rectal)
Assistant Professor, Biomedical Informatics & Data Science
Clinical Member, Cancer Prevention and Control Program - Yale Cancer Center
Clinical Fellow, Clinical Epidemiology Research Center (CERC)
Yale School of Medicine

## **Alexander Levy MD**

Assistant Professor of Medicine (Digestive Diseases) Director of Inflammatory Bowel Disease Fellowship Program, Digestive Diseases Yale School of Medicine

## **GUEST SPEAKER**

**Edward V. Loftus, Jr. MD** Professor of Medicine Mayo Clinic

## YALE SCHOOL OF MEDICINE SPEAKERS

## **Badr Al Bawardy MD** Assistant Professor Adjunct

## Myron Brand MD

Professor of Medicine

## **Melanie Cvercko PharmD**

Yale New Haven Health | Digestive Health Pharmacy

## Jennifer Giannettino MSN, BSN, BS

Yale Department of Surgery Division of Colon and Rectal Surgery, Ostomy Program Yale New Haven Health | Digestive Health Advanced Practice

## **Haddon Pantel MD**

Assistant Professor of Surgery (Colon and Rectal)



## Dinesh Pashankar MD, MBA

Professor Regional Director, Ambulatory Services, Yale Medicine Medical Director, Yale Clinical Optimization Service Director, Pediatric IBD program, Pediatrics

#### **Deborah Proctor MD**

Professor of Medicine (Digestive Diseases)
Medical Director, Inflammatory Bowel Disease Program
Site Director, Universidad del Valle, Cali, Columbia and Yale/Stanford,
Johnson and Johnson Global Health Scholar Program
President and Board of Directors, Honduras Children's Project, Internal Medicine

## Vikram Reddy MD, PhD, MBA, FACS, FASCRS

Associate Professor of Surgery (Colon and Rectal) Surgical Director of Inflammatory Bowel Disease Program, Gastrointestinal Surgery Chief of Colon and Rectal Surgery, Surgery

## **Laura Wilson RD**

Yale New Haven Health | Digestive Health Nutrition

## **LEARNING OBJECTIVES**

At the conclusion of this program, the participants should be able to:

- Review the updated goals of treatment including positioning of new therapies for the management of inflammatory bowel disease.
- Identify ways to optimize our currently available medical therapies.
- Discuss the medical and surgical management of complex IBD.
- Highlight the medical and surgical treatment for complications of IBD.
- Provide tips and tricks for common clinical scenarios with IBD patients including ostomy care, prior authorizations, and nutrition recommendations.
- Discuss the current management of pregnancy and fertility concerns in patients with IBD.
- Summarize the care for special populations including pregnant and elderly patients as well as pediatric patients transitioning to adult-oriented healthcare systems.



## AGENDA subject to change

7:00 AM Check-in and Continental Breakfast

8:00 AM Welcome and Introductions

Co-Course Directors: Jill Gaidos MD, Ira Leeds MD, and Alexander Levy MD

## **Session I: Updates in Management of IBD**

8:15 AM Updates in Management of IBD

Jill Gaidos MD

8:40 AM What's New for IBD Treatment

Deborah Proctor MD

9:05 AM Optimizing Treatment for IBD

Badr Al Bawardy MD

9:30 AM Panel Q&A

9:55 AM Break

## **Session II: Panel Discussions - Medical / Surgical Case Discussions**

Moderator: Alexander Levy MD

Panel: Myron Brand MD, Ira Leeds MD, Edward V. Loftus, Jr., MD, Haddon Pantel MD,

Deborah Proctor MD, and Vikram Reddy MD

10:15 AM Management of Refractory UC

10:45 AM Treatment for Perianal disease

11:15- AM Symptomatic Pouch Patient

11:45 AM Panel Q&A

12:00 PM Lunch

#### **Session III: Clinical Conundrums**

1:00 PM Ostomy Challenges

Jen Giannetino MSN, BSN, BS

1:20 PM Dietary recommendations for IBD: What to eat and what to avoid

Laura Wilson RD

1:40 PM Tips and Tricks for Prior Authorizations

Melanie Cvercko PharmD

2:00 PM Break



## **Session IV: Special Populations**

2:20 PM Fertility and Pregnancy in IBD

Jill Gaidos MD

2:40 PM Management of IBD in the Elderly

Badr Al Bawardy MD

3:00 PM Transitioning from the Pediatric to Adult IBD Clinic

Dinesh Pashankar MD, MBA

3:20 PM Panel Q&A

3:40 PM Break

4:00 PM How I think About Positioning IBD Therapies in 2024

Edward V. Loftus, Jr., MD

4:45 PM Q&A

5:00-6:00 PM Social Hour

## **REGISTRATION FEES**

- · Physicians \$150
- Nurses/PAs/Allied Health Professionals \$75
- UCONN Faculty \$75
- · CT SGNA Members \$50
- Non-Yale Residents/Fellows/Students† Complimentary, registration required
- Yale Residents/Fellows/Students† Complimentary, registration required

All cancellations must be received in writing (or via e-mail) at least one week prior to the start of the conference to receive a refund. Any requests for refunds received after this date, or by telephone, will not be honored.

†A letter of verification from department head must accompany registration. Letter should be sent separately to Yale CME at <a href="mailto:cme@yale.edu">cme@yale.edu</a>

## RSVP:

yale.cloud-cme.com/IBD2024



#### **Accreditation Statement**

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### **Designation Statement**

The Yale School of Medicine designates this educational activity for a maximum of **7.5** *AMA PRA Category* **1** *Credits* ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC POINTS ~ Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.5 Medical Knowledge Only MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### Disclosure Policy

It is the policy of Yale School of Medicine, Continuing Medical Education (CME), to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All individuals involved in the development and presentation of Accredited Continuing Education activities are required to disclose all financial relationship(s) with ineligible companies (those whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients) that has occurred within the past 24 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. This information is disclosed to all activity participants prior to the commencement of the educational activity.

## Mitigation of Financial Relationships Statement

Yale CME adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible companies. All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

#### Financial Statement

Yale School of Medicine Department of Internal Medicine, Section of Digestive Diseases and Yale New Haven Health Digestive Health Service line are grateful to their supporters. They are acknowledged in all conference materials.

\*ineligible company = those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients

## Recognition Program:

